

# Summer Calendar

The **boxed** and **shaded** areas indicate only the actual class days paid for in the monthly and weekly options. Camp fees are assessed weekly while monthly fees (pro-rated 3 weeks) are assessed/pro-rated from the 1st of the month and paid in full upon registration.

July (July 30th - 26th)							
	S	M	T	W	T	F	S
1st Camp Week (Camps Only) - partial open	30	X	2	3	4	5	
2nd Camp Week	7	8	9	10	11	12	
3rd Camp Week	14	15	16	17	18	19	
4th Camp Week	21	22	23	24	25	26	

August (July 28th - August 30th)							
	S	M	T	W	T	F	S
5th Camp Week	28	29	30	31	1	2	
Gym Maintenance	4 - - - CLOSED - - 9						
6th Camp Week	11	12	13	14	15	16	
7th Camp Week	18	19	20	21	22	23	
8th Camp Week (camps only) - partial open	25	26	27	28	29	30	

Note: no fees are assessed Aug 4-9

## Gym Maintenance Week:

August 4th to 9th the gym will be closed for annual painting and general maintenance. Note: Administration still available online during closure via our Studio Director parent portal.

## Fall Registration:

Avoid disappointment and register early for fall classes. Online registration available as of Monday at 12pm, May 12th, 2025

# Summer Programs 2025



520 Mount View Ave.

Phone 778-265-6414



- ✓ Certified Instructors
- ✓ Guaranteed Small Class Sizes
- ✓ Boys & Girls Ages 20mo. & Up Beginner Through Advanced
- ✓ State Of The Art Facility
- ✓ Curriculum of 1400 Skills

To Register, Please visit:  
[www.victoriagymnastics.com](http://www.victoriagymnastics.com)

(or scan QR code above)

(Victoria Gymnastics is an A.D.Ventures Ltd. company)

# Monthly Program Description (8:1 student/teacher ratio)

**Parent & Tot (Co-ed Ages 20mo. - 3½)**  
Tots experiment with movements by working on skill progressions that encourage the development of motor skills and spacial orientation. Parents aid their child by providing some spotting assistance and by helping to keep the tot focused. Adult waiver required on site. *Watch your step parents! Many uneven and 'changing levels of support' surfaces exist throughout the gym.*

**Kindergym (Co-ed Ages 3½ - 5½)**  
Our student/teacher ratio of 8-1 provides an excellent learning environment. Your child will develop confidence with elements containing rotation, landing, balance, flight, swing, and spring. Good, safe fun in a well equipped facility. Children experience a high activity level via moving through a circuit format.

**Recreation (Boys & Girls Ages 5½ - 12)**  
Recreation programs are designed first and foremost to be fun. They also provide superior physical development, challenging activity, and a measure of success and accomplishment for your child. Instruction is on all Olympic events plus trampoline. Several sub-stations at each apparatus are used to maximize activity. **No experience required.**

**Teen Gym (Boys & Girls Ages 13 & up)**  
An introductory course for teenagers with no previous gymnastics experience. Scheduled concurrently with Advanced Recreation classes so that beginner teens are with gymnasts of similar age.

**Advanced Recreation (Ages 9 & up)**  
This program is for boys and girls who have achieved their Silver Medallion. Basic skills and progressions are reinforced while learning many new advanced skills.

# Birthday Parties

Our Birthday Parties are an affordable option for families who want to enjoy a great facility that is equipped with several trampolines that are far superior to those found in parks and backyards. A coach will provide safe gymnastics game/play activities suitable for your child's age group. Our party rooms include a kitchenette. Both a signed agreement and participant waivers are required. When: Saturday afternoons.

# Monthly Program Schedule

Program	Day(s)	Time(s)	Monthly Costs	
			Once / Week - or -	Twice / Week
Parent & Tot 20mo. - 3½	Tue, or Thu	8:10 - 8:55am	\$45.75/mo. +GST	\$73.20/mo. +GST
	Sat	8:25 - 9:25am	\$54.75/mo. +GST	\$87.60/mo. +GST
	Sat	9:35 - 10:35am	\$54.75/mo. +GST	\$87.60/mo. +GST
	Sat	11:00 - 12:00pm	\$54.75/mo. +GST	\$87.60/mo. +GST
Kindergym 3½ - 5½	Tue, or Thu	8:10 - 8:55am	\$45.75/mo. +GST	\$73.20/mo. +GST
	Tue, or Thu	4:15 - 5:30pm	\$62.25/mo. +GST	\$99.60/mo. +GST
	Sat	8:25 - 9:25am	\$54.75/mo. +GST	\$87.60/mo. +GST
	Sat	9:35 - 10:50am	\$62.25/mo. +GST	\$99.60/mo. +GST
Recreation 5½ - 12	Sat	11:00 - 12:15pm	\$62.25/mo. +GST	\$99.60/mo. +GST
	Tue, or Thu	4:15 - 5:30pm	\$62.25/mo. +GST	\$99.60/mo. +GST
	Sat	8:25 - 9:25am	\$54.75/mo. +GST	\$87.60/mo. +GST
	Sat	9:35 - 10:50am	\$62.25/mo. +GST	\$99.60/mo. +GST
Teen Gym 13+	Tue. and/or Thu.	4:15 - 6:15pm	\$85.50/mo. +GST	\$136.80/mo. +GST
	Adv. Rec. 9 - 17	Tue. and/or Thu.	4:15 - 6:15pm	\$85.50/mo. +GST
Adult Gym 18+	Tue. and Thu.	6:30 - 7:45pm	\$94mo. 2x/wk (July 1-24 & July 29-Aug 28)	

Please note: Fees have been prorated to reflect a 3 week July & August - see class calendar

# Weekly Morning or Afternoon Five Day Camps



# Kindergym Camp

## Boys & Girls Ages 3½ - 5½

### Fun & Fitness Through Fundamentals

Our summer camps are structured to ensure maximum activity while having the best time possible. This is achieved by circuit set-ups on each apparatus upon which specific skills and/or progressions from our 1400 skill 'Achievement Program' are exercised. Our certified instructors combine games and gymnastics to promote participation, fun, and skill development. (8:1 ratio except with assistant, 10:1)

- No experience required. Must be able to use washroom without assistance.
- Co-ed
- Bring a snack & water bottle (no nuts please)

#### Fees

\$189/week session + GST

#### Schedule

Months	Days	Times
July	30 - 4	9 - 12pm or 1 - 4pm
July	7 - 11	9 - 12pm or 1 - 4pm
July	14 - 18	9 - 12pm or 1 - 4pm
July	21 - 25	9 - 12pm or 1 - 4pm
Aug	July 28 - 1	9 - 12pm or 1 - 4pm
Aug	<del>4 - 8</del>	<b>Closed For Maintenance</b>
Aug	11 - 15	9 - 12pm or 1 - 4pm
Aug	18 - 22	9 - 12pm or 1 - 4pm
Aug	25 - 29	9 - 12pm or 1 - 4pm
Aug**	25 - 29	4-5:30pm

\*\*Aug 25 - 29 Fall pre-start warm-up session  
- register for any number of these 5 days. cost is \$19/class + GST

# Recreation Camp

## Boys & Girls Ages 5½ - 12

### Agility & Coordination Through Fun

Our certified staff will introduce exciting new skills from our 1400 skill 'Achievement Program' that encourage balance, coordination, flexibility, and strength, to both the experienced and beginner gymnasts. Children are grouped according to their age and gymnastics experience. Fun gymnastics games are incorporated into each daily session. (10:1 ratio)

- No experience required.
- Ages grouping: 5½ - 8, & 9 - 12
- Bring a snack & water bottle (no nuts please)

#### Fees

\$189/week session + GST

#### Schedule

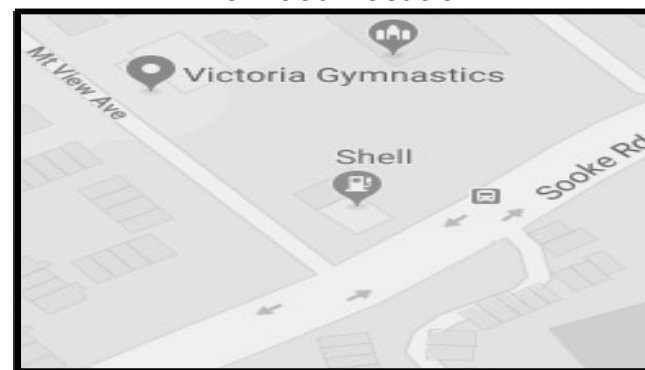
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## Why Victoria Gymnastics ?

- ✓ We have the lowest **guaranteed** student/teacher ratio in Greater Victoria.
- ✓ Our coaches are NCCP **certified**
- ✓ Our Achievement Program is structured to be inclusive, individualized, and **non-competitive**.
- ✓ We are **conveniently located with onsite parking**
- ✓ A fresh new environment that is clean and **naturally lighted**
- ✓ **Our Commitment: To provide quality gymnastics instruction, with maximum activity level, in a well-structured, fun and safe environment.**

### Colwood Location



## Birthday Parties

Your child and 9 of their friends will have an absolute blast at one of our action packed gymnastics parties.

#### \* What's included?

- > We supply invitations
- > Certified instructor
- > Trampolines (40' & 17')
- > Private party rooms
- > Large space
- > Free T-shirt
- > Foam cube pit
- > Gym games

- \* **Cost:** 10 kids = \$189 + GST (add \$10/ additional child - max. 12 kids/coach)
- \* **Duration:** 1hr. in gym + 45min. party room
- \* **Days:** Saturday afternoons
- \* **Masks recommended for party room**

## Registration Policies

### Summer Registration Fee \_\_\_\_\_

A non-refundable fee of \$25.00 plus GST (July 1st, '25 to Aug. 31st, '25) is required at all levels of membership for insurance and registration. *Receive a \$12 credit toward annual Fall '25/26 registration fee.*

Note: This fee applies to **non-members only**.

### How to Register & Payment \_\_\_\_\_

**Register Online:** Conveniently pay online via Visa or Master Card on our parent portal provided by Studio Director (a 2.4% fee applies for all credit card transactions).

**Register in Person:** Pay via cash, cheque, debit/credit card or pre-authorized debit in person during business hours stated on our website. (Only Credit Cards are subject to processing fee)

**Note:** Only credit card and/or pre-authorized debit payments are accepted for monthly reoccurring billing. All classes attended will be charged to the credit card or pre-authorized account provided.

All bookings for Camps and Classes must be paid in full at the time of registration. A \$15 fee applies to all late/incomplete payments after 72 hours.

### Late Starters \_\_\_\_\_

Enrollment is continuous. Fees are pro-rated at the time of registration for late starters.

### Make-up Classes \_\_\_\_\_

**Students receive a make-up class for missed classes when they are reported before the missed day via our website.** Summer (only) Make-ups will be honored through to Dec. 20th/'25. Missed classes are not redeemable for cash. See fall brochure for make-up class dates and times. When fees are owing, make-up classes are disallowed. Students must be 'Actively' registered in a current program to take part in a make-up class.

### Refunds \_\_\_\_\_

**Written Notice** via our website (only) must be received 7 days prior to the start of the monthly program or weekly camp (see summer calendar) in which your child has registered; in which case, a refund will be issued. In all other cases, a credit will be issued. **Note:** Summer Registration fees are non-refundable, but will receive 50% credit toward Fall '25.

### Class Cancellations \_\_\_\_\_

Summer Classes and/or Camps are subject to cancellation due to unforeseen circumstances, such as, but not limited to, employee availability. In the event of cancellation, notification will be given and all remaining Summer Class or Camp program fees will be refunded/credited. Occasionally, class ratios may be affected by a coaches' illness — every effort is made to minimize this occurrence. Such events may also necessitate a temporary substitute instructor for your child's class and/or a co-ed class.